

Meet Your Athletic Trainers

Mitch Willert MS, LAT, ATC

Mitch, a Sun Prairie Wisconsin native, is entering his 9th year at UM. A 2017 University of Wisconsin Stevens Point graduate, Mitch received his Bachelor of Science in Athletic Training. He graduated with his Master's in Health and Human Performance at the University of Montana in 2019. Mitch is in his 7th year full-time as the Coordinator of Clinical Education and oversees our clinical outreach program providing medical services in the community. In his free time, he enjoys camping, hiking, playing hockey or golf, and spending time with his wife Kristen, and dog Penny.

Contact Information: (608) 287-4077, mitchell.willert@umontana.edu



Valerie Moody PhD, LAT, ATC, CSCS

Valerie is in her 20th year here at UM. She completed her undergraduate degree at Northern Colorado, graduate degree at Nebraska-Omaha, and doctoral degree at the University of South Florida. She completed and was Director of the Athletic Training Fellowship program at Steadman Hawkins Clinic in Vail, CO. She currently serves as the AT Program Director, Chair for the School Integrative Physiology & Athletic Training, and Director of the Montana Youth Sports Safety Institute. In her free time, she enjoys fly fishing, playing ice hockey, reading, and playing with her 2 kids, RJ and Addie.

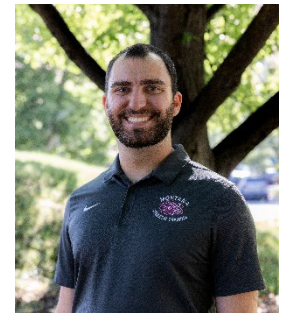
Contact Information: (406) 493-4651, valerie.moody@umontana.edu



Nick Cromidas M.Ed., LAT, ATC

Nick is entering his 3rd year at the University of Montana as the Clinical Assistant Professor and lead for youth hockey outreach. A 2018 graduate of Washington State University with a Bachelor of Science in Athletic training. Nick attended the University of Minnesota and graduated in 2020 with his Master of Education in Sport and Exercise Science while also working as an athletic trainer for the Gopher football and cheer teams. He spent the 2020 season with the New England Patriots and the 2021-2022 seasons with the University of Colorado football program.

Contact Information: 661-713-0996, nick.cromidas@umt.edu



Hali Adams MAT, LAT, ATC

Hali is in her first year at UM. She is from a small-town Forsyth Montana and has lived in Missoula for the last 8 years. Hali will be working with the Griz football team this year along with helping with Griz lacrosse and Youth Hockey. Things she enjoys doing outside of work are sports, concerts, farmers markets, floating the river, and anything outdoorsy!

Contact information: 406-351-3956, Hali.Adams@mso.umt.edu



Britney Brosius MAT, LAT, ATC

Britney Brosius has lived in Missoula for about a year now. Over the last year Britney have worked as an ATC with Griz Men's Lacrosse, Missoula Youth Hockey, and Missoula Youth Rugby. Britney is currently pursuing her Doctorate of Physical Therapy at UM. She is excited to continue working with the athletes of the Missoula and surrounding communities!

Contact information: 308-458-8940, britney.brosius@umconnect.umt.edu



Athletic Training Hours

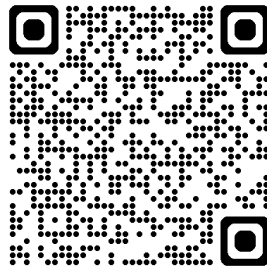
Monday – By Appointment

Tuesday – 4:30-7pm

Wednesday 4-6 pm

Thursday- 5:30-7pm

Please use the QR code to access and schedule appointments through Vagaro.



Services Provided

- Emergency Medical Care
- Concussion Evaluations
- First Aid and Wound Care
- Therapeutic Exercise
- Orthopedic Injury Evaluations

If additional hours or appointments are needed, please contact:

Nick Cromidas (661) 713-0996, Mitch Willert (608) 287-4077,
Valerie Moody (406) 493-4651, Hali Adams (406) 351-3956,
Britney Brosius (308) 458-8940

