

Meet Your Athletic Trainers

Mitch Willert MS, LAT, ATC

Mitch, a Sun Prairie Wisconsin native, is entering his seventh year at UM. A 2017 University of Wisconsin Stevens Point graduate, Mitch received his Bachelor of Science in Athletic Training and graduated with his Master's degree in Health and Human Performance at the University of Montana in 2019. Mitch is in his 4th year full time as the Coordinator of Clinical Education and oversees our clinical outreach program providing medical services in the community. In his free time, he enjoys camping, hiking, playing hockey or golf, and spending time with his wife Kristen and dog Penny.

Contact Information: (608) 287-4077, mitchell.willert@umontana.edu



Valerie Moody PhD, LAT, ATC, CSCS

Valerie is in her 18th year here at UM. She completed her undergraduate degree at Northern Colorado, graduate degree at Nebraska-Omaha, and doctoral degree at the University of South Florida. She completed and was Director of the Athletic Training Fellowship program at Steadman Hawkins Clinic in Vail, CO. She currently serves as the AT Program Director and Interim Chair for the School of Physical Therapy. In her free time, she enjoys fly fishing, playing ice hockey, reading and playing with her 2 kids, RJ and Addie.

Contact Information: (406) 493-4651, valerie.moody@umontana.edu



Nick Cromidas M.Ed., LAT, ATC

Nick is entering his first year at the University of Montana as the assistant clinical professor and lead for youth hockey outreach. A 2018 graduate of Washington State University with a Bachelor of Science in Athletic training. Nick attended the University of Minnesota and graduate in 2020 with his Masters of Education in sport and exercise science while also working as an athletic trainer for the Gopher football and cheer teams. He spent the 2020 season with the New England Patriots and the 2021-2022 seasons with the University of Colorado football program.

Contact Information: 661-713-0996, nick.cromidas@umt.edu



Montanna Windham MS, LAT, ATC

Montanna recently graduated with her Masters in Athletic Training from the University of Michigan. She was hired as an Athletic Training Intern for Griz Athletics and the MAT program. She will be providing medical care to Griz Volleyball and Griz Club Lacrosse.

Contact Information: (231) 866-0217, montanna.windham@mso.umt.edu

